

# Choose Respect Trivia Night



Use a game show format to teach about respect and let kids share their knowledge and skills.

## Why?

Trivia is a fun way for youth to learn and share knowledge and skills. This game will also teach youth that violence in a relationship is unacceptable.

## Where and When?

This activity is perfect for a community event or other Choose Respect event. The basic game show will take about 30-45 minutes to play.

## How?

Choose Respect *Trivia Night Questions and Answers* and an electronic Choose Respect *Trivia Night Game Show Board* can be found in the Zone 1 resources on the USB Flash Drive that comes with this Playbook.

### Design the studio.

Imagine the studio for a game show on TV. Set up the room to have two team areas and a spectator area if the group is large. Make sure each team can see the game board and score area.

On real game shows everything is computerized, but that may not be an option for your group. If you have access to a laptop and LCD projector, you can use the Game Show board on the USB Flash Drive that comes with this Playbook.

You can also make a low-tech game board on poster board or a blackboard. Here's what it should look like:

Relationship Dos & Don'ts	Before Abuse Starts	Help a Friend
100	100	100
200	200	200
300	300	300
400	400	400

You can write the questions on index cards with the point amounts on the opposite side. Tape the cards to the board with the point amount showing. As contestants select a point card, you read the question on the other side of the card. Contestants in the *Choose Respect Game Show* win respect points when they answer each question correctly. Designate an area to keep score, so teams know how many respect points they have earned.

## Set the stage.

Show the 13-minute Choose Respect video for teen audiences, *Causing Pain: Real Stories of Dating Abuse and Violence* or if youth have already seen it, have them read and discuss the Pocket Guides. You may also want to consider showing the Choose Respect PSAs if youth are familiar with other materials. Have a brief discussion about:

- Discuss the signs of healthy and unhealthy relationships.
- Talk about why any kind of abuse in a relationship is not acceptable.

## Divide into two teams and learn the rules.

Have each team pick a name related to respect. Explain how to play the game.

- Players can choose from 3 categories and 4 point amounts.
- Flip a coin to decide which team goes first.
- Have the first team pick a square on the board. They may choose any square or point card. Once that square has been chosen, no other team can pick it again.
- The team that picks a square answers the question first. Give the team a set amount of time (about 30 seconds). If they can not answer the question or answer it incorrectly, the other team gets a chance to answer the question. If the second team gives the right answer, this team gets the points. If neither team answers correctly, no one gets the points.
- Youth should answer the questions “correctly,” even if that is not what they would do. Have a discussion after the game or after each question to explore if that is what they would really do and why.
- The team with the most respect points at the end of the game will win a Choose Respect prize like a Choose Respect awareness bracelet or T-shirt.
- If you use the Pocket Guides and youth score low on the Respect Scale, refer them to [www.chooserespect.org](http://www.chooserespect.org) and fact sheets on how to choose respect. Consider showing the fact sheets and having a discussion as part of the play.

## Ready to play.

You're ready to go!

## Want to Do More?

- Add additional questions to the current categories or add more categories to the game. You might come up with some local questions, such as a specific hotline number for your area. You may also want to develop a handout of local resources to give to the youth.

# Resources Needed:

<input type="checkbox"/> Meeting space	<input type="checkbox"/> Choose Respect Game Show Questions and Answers
<input type="checkbox"/> Laptop with LCD projector or poster board/blackboard to draw the game board; index cards with questions and points, tape	<input type="checkbox"/> Timer (or watch)
<input type="checkbox"/> Prizes (Choose Respect-branded item such as awareness bracelet or T-shirt)	<input type="checkbox"/> Choose Respect Pocket Guides
<input type="checkbox"/> 13-minute Choose Respect video for teen audiences, <i>Causing Pain: Real Stories of Dating Abuse and Violence</i> (optional)	<input type="checkbox"/> TV with DVD player (or video may be downloaded from <a href="http://www.chooserespect.org">www.chooserespect.org</a> ) (optional)
<input type="checkbox"/> Scoresheet	<input type="checkbox"/> Choose Respect PSAs

# Evaluation:

Document what you accomplish using Choose Respect tracking tools:

- **Stand Up & Be Counted**

Keep track of play participants and audience members. The Zone 1 Evaluation Tools contain a sign-in sheet.

- **Cheers & Changes**

After the play is complete, note your successes, challenges, and opportunities for the future. The Zone 1 Evaluation Tools contain a worksheet to help you do this.

Choose Respect feedback tools are recommended if you implement multiple plays. Assess what youth learned from and thought of a series of Choose Respect activities using Choose Respect feedback tools:

- **Youth Feedback**

After completing a series of activities with youth, collect information for your evaluation. The Zone 1 Evaluation Tools contain a feedback form to help you do this.

Choose Respect  
Trivia Night

CHOOSE RESPECT

CHOOSE RESPECT

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**Dos and Don'ts**

**100**

What 3 things can you do to show your friend that you respect them?

Ask

Listen

Don't judge

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**Dos and Don'ts**

**200**

*True or False*

It's okay if your boy/girl friend calls you stupid, as long as he/she never hits you.

**FALSE**

It is disrespectful to call someone stupid. Healthy relationships are about respect.

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**Dos and Don'ts**

**300**

What are 3 signs of disrespect?

Bossing around

Gossiping

Making threats

Insults

Manipulation

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**Dos and Don'ts**

**400**

Your boy/girl friend is staring at another girl/boy, and it is making you jealous.

How do you handle the situation respectfully?

Tell him/her how it makes you feel and talk about it.

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### Prevention

100

Who is more likely to be disrespectful?

Someone who feels strong inside or someone who needs to control others to feel strong?

Someone who need to control others to feel strong.

## Choose Respect Trivia Night

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CHOOSE RESPECT

CHOOSE RESPECT

### Prevention

200

#### *True or False*

It is disrespectful when a friend always acts like they are right and you are wrong.

TRUE

It is disrespectful to act like you are always right, and ignore the other person's ideas. Healthy relationships have open communication.

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### Prevention

300

Name 2 things you can do to make sure you have a respectful relationship?

Good communication skills

Choose a partner who treats you with respect

Treat your partner with respect

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### Prevention

400

Name 2 ways you can tell others about the importance of choosing respect.

Share materials, tell them about [www.chooserespect.org](http://www.chooserespect.org), share what you learned today, tell your friends how important respect is to you and why, choose friends and partners who respect you.

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### Help a Friend

100

**Name 2 things you could say to a friend who was disrespectful.**

I don't like that you are disrespectful.

That hurts my feelings.

Express concerns about the behavior, like "Why have you changed?"

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### Help a Friend

200

**Name 3 things you could say or do for a friend in a disrespectful relationship.**

I'm worried.

Can I help?

You should learn more.

Call a hotline for advice.

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### Help a Friend

300

**Your friend makes the team and you don't—how do you respond?**

Congratulate them and be supportive!

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### Help a Friend

400

**Where can you or a friend go for help if you are in an unhealthy relationship?**

Talk to your parents, teacher, coach, minister, or other supportive adult; call the hotline, go to [www.chooserespect.com](http://www.chooserespect.com) or other websites.