

# Assessing Fit for Programs and Community and Societal Approaches



Practitioners can use this worksheet to consider the extent to which an approach fits a given context and actions that may increase fit.

|      | Estimated elements from worksheet #1 | Consideration for fit   | Is it a good fit? | If applicable, what actions that support essential elements can be taken to increase fit*? |
|------|--------------------------------------|---|-------------------|--|
| WHAT |                                      | <ul style="list-style-type: none"> <li>The risk and protective factors the approach targets may not address all identified needs and strengths of the community or participants.</li> </ul>   |                   |  |
| HOW  |                                      | <ul style="list-style-type: none"> <li>The groups with which the approach has been evaluated may have different characteristics (e.g., language, culture, age) than current participants</li> <li>The resources (space, time, supplies) recommended to deliver the approach sometimes differ from the resources available.</li> <li>The settings in which the approach was evaluated may have different characteristics (e.g., rural, urban, afterschool) than the current delivery setting.</li> </ul> |                   |  |
| WHO  |                                      | <ul style="list-style-type: none"> <li>The training, experience, and values of implementing staff or partners may vary from what the approach recommends.</li> </ul>  |                   |  |

\*Actions may be adaptations to the approach. Read Section 5. Delivery and Adaptation to learn more about making adaptations.

