## **Estimating Essential Elements of Program**



Practitioners can use this worksheet to estimate essential elements of educational approaches. If the WHAT and HOW sections vary considerably by session, consider filling out one worksheet per approach session.

## Session #

	Questions for Practitioners	Estimated Essential Elements
W H A T	<ol> <li>What messages will be communicated?</li> <li>What knowledge will be increased?</li> <li>What skills will be developed?</li> </ol>	
H O W	<ol> <li>What are the recommended teaching methods?</li> <li>How many sessions should be delivered, for how long, and over what period of time?</li> <li>What setting and environment will best support learning?</li> </ol>	
W H O	<ol> <li>What skills and experiences will help facilitators deliver essential content clearly?</li> <li>What other characteristics, like credibility with participants, values, and buy-in, will help a facilitator successfully deliver the approach?</li> </ol>	